

Crumbled Cookie Cone

Vanilla Artificially Flavored Frozen Dairy Snack with Crushed Cookie Pieces in a Wafer Cone

Nutrition Facts

1 serving per container
Serving size 1 cone (69g)

Amount per serving
Calories 150

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 29g	11%
Dietary Fiber 1g	4%
Total Sugars 14g	
Includes 12g Added Sugars	24%
Protein 2g	
Vit. D 0mcg 0%	Calcium 46mg 4%
Iron 0.6mg 4%	Potas. 180mg 4%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Size: 3 FL. OZ (89mL)

UPC: 0-75455-42200-4

Allergens: MILK, WHEAT, SOY

Ingredients:

FROZEN DAIRY SNACK: SKIM MILK, WHEY, CORN SYRUP, CANE SUGAR, MALTODEXTRIN (CORN), BUTTERFAT (CREAM), STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), ARTIFICIAL FLAVOR. **CONE:** WHOLE GRAIN WHEAT FLOUR, SUGAR, SOYBEAN AND/OR PALM OIL, SOY LECITHIN, SALT. **COATING:** COCONUT OIL, SUGAR, FULLY HYDROGENATED COCONUT OIL, PALM OIL, COCOA, COCOA PROCESSED WITH ALKALI, CHOCOLATE LIQUOR, SOY LECITHIN, SALT, ARTIFICIAL FLAVOR. **COOKIE CRUNCH:** WHOLE WHEAT FLOUR, WHEAT FLOUR, SUGAR, PALM OIL, COCOA (PROCESSED WITH ALKALI), CONTAINS 2% OR LESS OF THE FOLLOWING: SOY LECITHIN, SALT, BAKING SODA, CHOCOLATE LIQUOR, NATURAL AND ARTIFICIAL FLAVOR.

SMART SNACKS
 PRODUCT CALCULATOR



Smart Snacks Product Calculator Results

Brand:
Rich's Ice Cream

Product Name:
Crumbled Cookie Cone

Serving Size:
69.00 g

First Ingredient:
Skim Milk

Your non-beverage dairy product meets all nutrient standards for entrees or snack foods.

Nutrition Facts

Serving Size 69.00 g

Servings Per Container

Amount Per Serving

Calories 150 **Calories from Fat 20**

Total Fat (g) 2.5

Saturated Fat (g) 1.5

Trans Fat (g) 0

Sodium (mg) 110

Carbohydrates

Sugars (g) 14

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA